In an effort to free up storage capacity in your Outlook account please clean up unnecessary, redundant messages using the following steps:

Step 1. From your Inbox, click on the Folders tab. Click on Clean up Folder, then click on Clean up Folder & Subfolders.



Step 2. Click on Clean up Folder to remove redundant all redundant messages.



When this process is complete only the most current email massage will remain which will contain a thread of all of the email messages that have been transmitted back and forth between each party.